

Make the “Bridge” easier to cross.....for everyone!!

By Brenda Burwash PCA, RCA

Aging gracefully is everyone’s ultimate hope, and planning for such a future will help realize this hope. Understanding and knowledge will assist in making life’s often difficult transitions a more positive experience. Forward thinking and realistic expectations can assure a safe “**Bridge**”. A classic scenario.....

Mom is healthy and vibrant and spends her spring and summer in her garden...her passion and therapy as a retired professional. An unfortunate fall leaves her in the hospital with a broken hip and will require 24 hour care either in the family home or in a respite care community for 3 months. Since her stay in the hospital, it has been determined that Mom is showing signs of the first stages of Alzheimers disease (AD). ***A disease that gradually destroys nerve cells (neurons) in most areas of the brain; is the most common form of dementia.***

Mom is no longer capable to live safely on her own. As the Son or Daughter of this prototypical scene, you are responsible to direct the next stage of events. You have a family of 3 growing children and you and your husband/wife are professionals and work 10 hour days. Where do you start and whom do you talk to?

Families are being challenged with just such circumstances when an unexpected illness or injury lands in their lap. With proper knowledge and understanding of the options available, the right steps can be taken to provide the proper care expeditiously, effectively and respectful of available resources.

Bridges by Design offers one stop shopping for adult children and their aging parents. We provide personal assistance in any transition that your loved one may require – allowing the “sandwich generation” to focus on providing for their families. (Sandwich generation: ***a generation of people who are caught between the often conflicting demands of raising their children and caring for their aging parents***)

Bridges will provide you with the trained personnel to support your needs for the next transition, designed to meet the needs of your family. Consider ***Bridges by Design*** your personal head hunter for any type of individual care. Whether it involves driving to and assisting with Doctors or other types of appointments, or simply vacation relief while you are away with your family; we are here to make your life easier.

Be prepared for the “**Bridge**” you may need, and make the crossing easier for all.

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